

*The Mystery of Healing*

**OPENING WORDS:**

At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.

*-Albert Schweitzer*

**CHECK IN/SHARING**

- Current state of physical or spiritual health
- Joys or concerns about loved ones
- What is happening in your life

**DISCUSSION: *The Mystery of Healing***

Each of us has had experiences of disappointment, illness, or despair. Each of us has felt hopeless. But we have been revived. People find their way back from despair, illness, and fear by different routes:

- By prayer
- Through the passing of time
- By activity
- By reading or writing
- Through solitude
- By another's healing words or healing touch.

How has it been for you?

**CHECK OUT**

In a word or phrase, how are you feeling as our meeting comes to a close?

**CLOSING WORDS:**

Let us open our minds and hearts to the place of quiet, to the silent prayer for the healing of pain, and the soft, gentle coming of love.

*-Composite*