

Chalice Circle: Aging

OPENING WORDS:

I have enjoyed greatly the second blooming... suddenly you find - at the age of 50, say - that a whole new life has opened before you.

-- Agatha Christie

Life can only be understood backwards, but it must be lived forwards.

-- Soren Kierkegaard

Time sneaks up on you like a windshield on a bug.

-- John Lithgow

CHECK IN/SHARING:

- Current state of physical or spiritual health.
- Joys or concerns about loved ones.
- What is happening in your life.

DISCUSSION:

1. How has your religious life/spirituality changed over the segments of your life? Has it become more or less important?
2. How does faith provide comfort to people at the end of life? Does it have a special role in countering fear?
3. Are there ways one can come to terms with the end of one's life without having a religious belief?
4. What do you fear or look forward to as you age?
5. How can you prepare to age well?
6. What is most important in life?

CHECK OUT:

What did you like about this meeting? What do you wish had been different?

CLOSING WORDS

Aging is an inevitable process. I surely wouldn't want to grow younger. The older you become, the more you know; your bank account of knowledge is much richer.

--William M. Holden

Do not resent growing old. Many are denied the privilege.

-- Author Unknown