

Responsible Consumption

Opening Words

“There are two ways to get enough: one is to continue to accumulate more and more. The other is to desire less.” --G. K. Chesterton (1874—1936).

“Everything in excess is opposed to nature.” --Hippocrates

Check In

- Current state of physical or spiritual health
- Joys or concerns about loved ones
- Concerns/excitement about what is happening in our lives

Break

Discussion

How does the price we pay for goods and services we consume affect their ultimate cost? How have outlets, discount stores, and otherwise cheap prices helped/hindered our world in terms of:

- Personal/family buying power for necessities and luxuries
- Environmental resources
- Social justice issues such as employment rate and treatment of workers

Has durability and craftsmanship disappeared in favor of quantity and disposability?

Is it possible to effect change with our purchasing activity?

What sacrifices need to be made to promote responsible consumption? How can we, ourselves, live and urge others to rely less on possessions for happiness and well-being?

Check Out

What did you like about this meeting? What do you wish had been different?

Next meeting:

Closing Words

“Happiness is when what you think, what you say, and what you do are in harmony.”
—Mahatma Gandhi

“You can’t have everything. Where would you put it?”
—Steven Wright

