

Small Group Ministry Session Seven: Poetry

OPENING WORDS (1 minute)

When despair for the world grows in me, and I wake in the night at the least sound in fear of what my life and my children's lives may be, I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds. I come into the peace of wild things who do not tax their lives with forethought or grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free. - Wendell Berry

CHECK IN (32 minutes) (2 1/2 minutes each)

- Current state of physical or spiritual health
- Joys or concerns about loved ones
- Concerns/excitement about what is happening in our lives

REVIEW COVENANT

Seed Circle Directory First Meetings of Other Circles
Painting the Buddha Room (2 minutes)

BREAK (6 minutes)

DISCUSSION (65 minutes) (4-5 minutes each)

Each of you will read your poem and say why you brought this one and not others. How is your life different because of this poem?

CHECK OUT (13 minutes)

What did you like about this meeting? What do you wish had been different?

CLOSING WORDS (1 minute)

Hold on to what is good Even if it is
A handful of dirt.

Hold on to what you believe Even if it is
A tree which stands by itself.

Hold on to what you must do Even if it is
A long way from here.

Hold on to my hand even when

I have gone away from you. - Nancy Wood